



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rates: 12.00 drop in Or 6 classes /60.00	Non- members are welcome. 15.00 per class				1 8-9 Flow Yoga	2
3	4 9-10 Flow Yoga	5 9-10 Circuit Training 4-5 Men's Core 5:30-6:30 Restorative Yoga	6 8-9 Flow Yoga	7 9-10 Circuit Training	8 8-9 Flow Yoga	9
10	11 9-10 Flow Yoga	12 9-10 Circuit Training 4-5 Men's Core 5:30-6:30 Restorative Yoga	13 8-9 Flow Yoga	14 9-10 Circuit Training Private 5-7pm Bachelorette Yoga	15 8-9 Flow Yoga	16
17	18 9-10 Flow Yoga	19 9-10 Circuit Training 4-5 Men's Core 5:30-6:30 Restorative Yoga	20 8-9 Flow Yoga	21 9-10 Circuit Training	22 8-9 Flow Yoga	
24	25 HAPPY HOLIDAYS!	26 9-10 Circuit Training 4-5 Men's Core 5:30-6:30 Restorative Yoga	27 8-9 Flow Yoga	28 9-10 Circuit Training	29 8-9 Flow Yoga	30

Feel free to contact me with any questions you may have. Lisa at 346.3275 or lisa@downtownyogagreenville.com